



The Habit Mindset The Art and Science Behind Creating Habits that Stick Thursday, October 18, 2018

The Capital Chapter ISCEBS invites you to join us for this informative and engaging program with speaker Dr. Ali Navidi of IOCI.

Dr. Navidi will share insights on The Habit Mindset - a proven method for successfully adopting and practicing new habits that create lasting change and positive impact in our professional and personal lives. He will discuss how a strong habit mindset is a learnable skill.

DATE: Thursday, October 18, 2018

TIME: **Check-In & Continental Breakfast**
8:00 – 8:30 am
Welcome
8:30 – 8:45 am
Presentation
9:00 – 10:15 am

LOCATION: Womble Bond Dickson
8065 Leesburg Pike, 2nd Floor
Thurgood Marshall Room
Tysons Corner, VA 22182

COST: Capital Chapter Members: \$25
Non-Members: \$40

REGISTRATION: Please [click here](#) to register.

QUESTIONS: Please contact Sue Andres at capitalchapteriscebs@gmail.com or (202) 621-0655.

RAFFLE

End-of-meeting raffles to be announced for all attendees!

(Cancellation Policy: Full refund if requested within 48 hours' notice of the event.)

[REGISTER NOW](#)



This program qualifies for 1.5 CEBS compliance credits. Visit www.cebs.org/compliance for more information.

SPEAKER:



Dr. Ali Navidi of IOCI is a clinical psychologist and author who provides executive coaching to clients, including individual contributors, technical leads, new managers and C Suite-level executives. He also assists organizations at the group level, working with their management teams and working groups, and has worked with federal agencies to develop best practices in coaching and organizational development.

PARKING:

The parking garage is located further down the driveway and to the right, behind the building. Once you have parked in the garage, proceed to the second level and follow the signs to "Offices, Retail & Restaurants", across the walking bridge into the lobby of the building. Take the elevator to the receptionist on the Fourth Floor.

NEAREST METRO STATION: Dunn Loring Merrifield Orange Line

Take the Orange Line to the Dunn Loring Merrifield Metro Station. From the station, turn left onto Gallows Road. Follow Gallows road approximately 2.5 miles. Turn right onto Aline Avenue. Turn right at the third driveway.