



Please join the Halifax Chapter ISCEBS on April 24, 2019 for a morning education and networking session, featuring:

- **Medicalization of Unhappiness**

Speaker: Peter Gove, Innovation Leader-Health, Green Shield Canada Pharmacy Strategy Team

- This presentation examines the history of mental illness in Canada, how it has been treated, and/or gone untreated, as well as the consequences of the practices that has prevailed. Peter will also review how much the landscape has changed over the last few decades. He will zero in on the changing medical and social landscape that has led to the proliferation of mental health diagnoses and the widespread prescribing of anti-depressants. He will touch on whether normal, expected bouts of sadness become "medicalized" and are we in turn medicating large portions of the population across the varying age bands. Are there other strategies for care that would better help these patients? Where do therapy and wellness professionals fit in? What are the options available and what are the statistics that support these options?

- **Total Rewards, Benefits, and Diversity**

Speaker: Jeremy Woo, Associate, Mercer (Canada) Ltd.

- Jeremy will explore diversity in total rewards. He will begin by discussing emerging definitions of total rewards and how it relates to both business objectives and an increasingly diverse workforce. He will also review total rewards trends in the marketplace as it relates to creating more diverse and inclusive value propositions. Finally, he will offer potential solutions and strategies for total rewards packages that reflect a diverse talent pool.

- **HR Trends and their Impact on DC Plans**

Speakers: Marc de Rome, Consultant, Morneau Shepell and Michelle Loder, Vice-President, DC Consulting Practice, Morneau Shepell

- Powerful forces are shaping the current structure of labor relations. In order to attract and retain employees with the right skills, employers will need to innovate and possibly revise their total compensation package. Pension plans will not escape those trends!

DATE: April 24, 2019 (Wednesday)

SCHEDULE: 7:30 – 8:30 am – Light Breakfast and Networking
8:30 – 9:30 am – Medicalization of Unhappiness
9:30 – 10:30 am – Total Rewards, Benefits, and Diversity
10:30 – 10:45 am – Networking Break
10:45 – 11:45 – HR Trends and their Impact on DC Plans
11:45 am – 12:00 pm – Closing Remarks

LOCATION: Halifax Marriott Harbourfront Hotel
Sable Ballroom
1919 Upper Water Street
[Directions](#)

COST: \$50 – Chapter Members
\$75 – Non-Members

REGISTRATION: Please [click here](#) to register and pay via PayPal (scroll down to the Halifax Chapter area).

QUESTIONS: Christine Jamieson, CEBS, (902) 490-2115, Christine.jamieson@mercer.com



This session will qualify for 3.5 CEBS Compliance credits. Please visit www.cebs.org/compliance for more information.