Employee Benefits in a COVID-19 World

APRIL 2020 SURVEY REPORT



This survey report was prepared by the International Foundation of Employee Benefit Plans. Although great care was taken in researching the information in this report and the underlying sources are considered to be reliable, the accuracy and completeness of the report cannot be guaranteed.

This publication is sold with the understanding that the publisher is not engaged in rendering any business, financial, investment or other professional advice or service. This report is not a substitute for the services of a professional, nor should it be used as a basis for any decision or action that may affect your business. Consult a qualified professional. The International Foundation shall not be responsible for any loss sustained by any person who relies on this publication.

Contributors

The following individuals from the International Foundation made significant contributions for the publication of this report: **Rebecca Estrada:** Questionnaire design, survey management, data analysis and author. **Justin Held, CEBS:** Questionnaire design, survey management, data analysis and author. **Kelli Kolsrud, CEBS:** Questionnaire design review and manuscript review. **Julie Stich, CEBS:** Questionnaire design review and manuscript review. **Robbie Hartman, CEBS:** Editorial review.

Copies of this report may be obtained from Publications Department International Foundation of Employee Benefit Plans 18700 West Bluemound Road Brookfield, WI 53045

Call (888) 334-3327, option 4, for price information, or see www.ifebp.org/bookstore.

Published in 2020 by the International Foundation of Employee Benefit Plans, Inc. ©2020 International Foundation of Employee Benefit Plans, Inc. All rights reserved.

ISBN 978-0-89154-819-5

Printed in the United States of America



520 RS200472

Acknowledgments

About the International Foundation of Employee Benefit Plans

The International Foundation of Employee Benefit Plans is the premier educational organization dedicated to providing the diverse benefits community with objective, solutionoriented education, research and information to ensure the health and financial security of plan beneficiaries worldwide. Total membership includes 31,000 individuals representing multiemployer trust funds, corporations, public employer groups and professional advisory firms throughout the United States and Canada. Each year, the International Foundation offers over 100 educational programs, including conferences and e-learning courses. Membership provides access to personalized research services and daily news delivery. The International Foundation sponsors the Certified Employee Benefit Specialist® (CEBS®) program in conjunction with the Wharton School of the University of Pennsylvania and Dalhousie University in Canada.



About the International Society of Certified Employee Benefit Specialists

The International Society of Certified Employee Benefit Specialists (ISCEBS) is a membership organization for those who have earned or are pursuing the Certified Employee Benefit Specialist (CEBS), Group Benefits Associate (GBA), Retirement Plans Associate (RPA) and Compensation Management Specialist (CMS) designations. Members have access to educational programs, information resources, networking at the local and national levels, publications and other services. Nearly 4,000 CEBS, GBA, RPA and CMS designees are members of ISCEBS; they work for corporations, consulting firms, multiemployer funds and insurance companies and in other industry professions.



About Research at the International Foundation

The International Foundation conducts, writes and disseminates research studies, surveys and special reports on a range of benefits, compensation and financial literacy issues. The purpose of International Foundation research efforts is to enhance the capacity of its members and constituents to understand, design and deliver employee benefits that improve the financial security of plan participants and employees. Research programs include benchmarking studies, attitudinal surveys, special reports, hot topic surveys and collaborative projects. Visit www.ifebp.org/research to download reports.

(This page intentionally left blank.)

Table of Contents

| Key Findings | . 1 |
|--|------|
| Tables | . 9 |
| Retirement Plans | |
| Table 1: Offer Defined Benefit (DB) Pension Plans | . 9 |
| Table 2: Actions Taken With DB Pension Plans* | . 10 |
| Table 3: Offer Defined Contribution (DC) Retirement Plans | . 10 |
| Table 4: CARES Act—Related Changes Made to DC Retirement Plans* | . 11 |
| Table 5: Presence of Changes in DC Contribution/Deferral Levels* | . 12 |
| Table 6: Specific Changes in DC Contribution/Deferral Levels* | . 12 |
| Table 7: Change in Percentage of Participants Taking DC Plan Hardship Withdrawals* | . 12 |
| Table 8: Change in Percentage of Participants Taking Out DC Plan Loans* | . 13 |
| Table 9: Changes in Employer/Plan Sponsor DC Matching Contributions* | . 13 |
| Health Care Benefits | |
| Table 10: Offer Heath Care Benefits | . 13 |
| Table 11: Changes Made to Health Care Benefits* | . 14 |
| Table 12: Changes Made to Mental/Behavioral Health Benefits* | . 15 |
| Table 13: Organizations Adding Services/Components to Existing Mental Health Benefits* | . 15 |
| Table 14: Changes Made to Prescription Drug Benefits* | . 16 |
| Other Benefits | |
| Table 15: Changes Made to Short-Term Disability (STD) Benefits* | . 17 |
| Table 16: Changes Made to Employee Assistance Program (EAP)/ Labor Assistance Program (LAP) Services | . 17 |
| Table 17: CARES Act—Related Changes Made to IRC Section 127 Educational Benefits* | . 18 |

^{*}Due to COVID-19 implications.

Staffing and Professional Development

| Table 18: Changes Made to Staffing Levels* | 19 |
|--|----|
| Table 19: Health Care Coverage for Furloughed, Laid-Off and Reduced-Hour Workers | 20 |
| Table 20: Changes Made to Training/Professional Development Budgets* | 21 |
| Table 21: Future Changes to Training/Professional Development Budgets* | 21 |
| Participant Questions | |
| Table 22: Topics Participants Are Asking More Questions About* | 22 |
| Respondent Demographics | |
| Table 23: Organization Sector | 22 |
| Table 24: Organizational Characteristics | 23 |
| Table 25: Respondent Roles | 24 |

^{*}Due to COVID-19 implications.

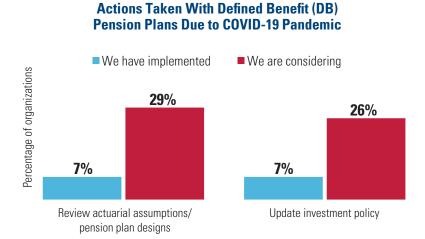
Key Findings

The COVID-19 pandemic has had dramatic implications for workplaces across the world. These implications extend into the realm of employee benefits, where employers and their workers must make difficult decisions regarding their retirement, health care and disability benefits. In April 2020, the International Foundation conducted a benchmarking survey to capture a snapshot of current conditions. *Employee Benefits in a COVID-19 World: April 2020 Survey Report* addresses these topics as well as staffing changes, training and professional development, and more. The following results are from 793 benefits practitioners across the United States.

Defined Benefit (DB) Pension Plans

About two in five (38%) responding organizations have a DB pension plan. While few responding organizations are taking significant actions with their DB plans due to COVID-19 implications, at least a quarter are considering reviewing their actuarial assumptions/pension plan designs (29%) and updating their investment policies (26%) (Tables 1 and 2).

The Coronavirus Aid, Relief, and Economic Security (CARES) Act has a provision that allows single employer DB plans in the private sector to delay required 2020 minimum contributions until January 1, 2021. More than one in five (22%) respondents have implemented this provision due to the pandemic, with an additional 24% considering doing so in the future (Table 2).

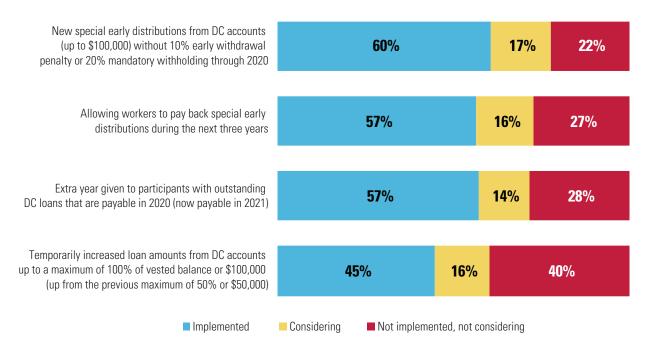


Defined Contribution (DC) Retirement Plans

The CARES Act also has several provisions aimed at easing participant financial burdens during the pandemic by allowing greater access to DC retirement accounts. Of those that offer DC plans, three in five (60%) are allowing participants to take new special early distributions from DC accounts (up to \$100,000 without the 10% early withdrawal penalty or 20%

mandatory withholding through 2020). In addition, 57% are allowing workers to pay back these special early distributions during the next three years, as allowed by the new law. Also, 45% of plans are temporarily allowing greater loan amounts from DC accounts, up to a maximum of 100% of a participant's vested balance or \$100,000, whichever is less (up from the

Implementation of CARES Act Provisions



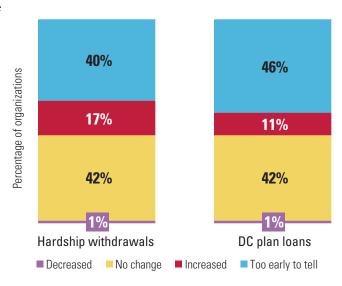
previous maximum of 50% or \$50,000). More than half (57%) are giving participants an extra year to pay back outstanding DC loans that are due in 2020 (now payable in 2021). Going forward, additional organizations that have not implemented these features are considering doing so in the future (Table 4).

About 13% of responding organizations that offer DC plans are noticing a greater share of their participants making changes to their contribution/deferral levels compared with pre-COVID-19 levels, while 7% are noticing a smaller share. Those noticing a change are most often noticing their workers decreasing (86%) their contributions, while 54% are noticing participants canceling or stopping contributions completely (Tables 5 and 6).

In addition, 17% of respondents said more participants are taking hardship withdrawals from their DC accounts due to the COVID-19 pandemic, while 42% have noted no change (Table 7).

Similarly, 11% of respondents stated that more participants are taking loans from DC accounts as a result of the COVID-19 pandemic, while 42% noted no change (Table 8).

Change in Participants Taking DC Plan Hardship Withdrawals and Loans Due to COVID-19 Pandemic



From the employer side, relatively few organizations (9%) are making changes to matching contributions as a result of the COVID-19 pandemic, although 19% are considering making changes in the future (Table 9).

Health Care Benefits

Those responding organizations that offer health care benefits to their workers were asked about changes made to their offerings due to the implications of COVID-19. While the majority of respondents (83%) already offered telehealth/telemedicine services (for physical ailments), an additional 13% have implemented these services due to COVID-19 implications. In addition, nearly one-half (49%) of respondents have reduced/eliminated cost sharing for telehealth/telemedicine services due to COVID-19 implications (Table 11).

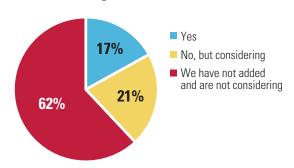
A large portion (70%) of responding organizations already offered coverage for nurse advice lines, eliminating the need to add the services during the current pandemic. However, more than one in ten respondents (11%) are reducing/eliminating cost sharing for nurse advice lines due to the implications of COVID-19.

Few responding organizations (3%) are reducing/ eliminating experimental medical procedure exclusions due to COVID-19 pandemic implications (Table 11).

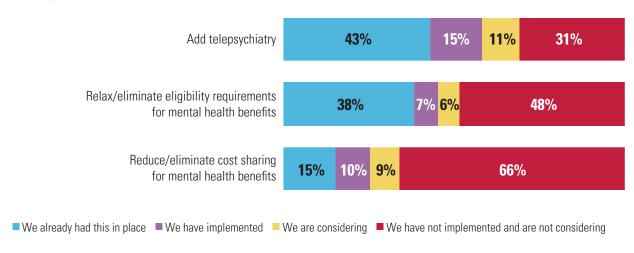
Mental/Behavioral Health Benefits

Organizations were asked about changes made to specific mental health care offerings due to the implications of COVID-19. Small proportions of respondents that offer these benefits have added telepsychiatry services (15%), reduced/eliminated cost sharing (10%) or relaxed/eliminated eligibility requirements (7%) for their existing services. More than one in six (17%) have added additional services or components to their programs, with an additional 21% considering doing so in the future (Tables 12 and 13).

Organizations Adding Services/Components to Existing Mental Health Benefits



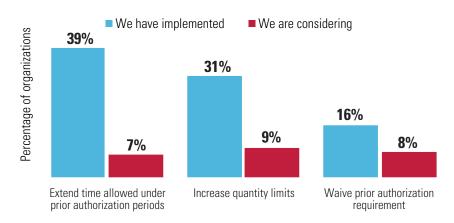
Changes Made to Mental/Behavioral Health Benefits Due to COVID-19 Pandemic



Prescription Drug Benefits

The COVID-19 pandemic has had implications on responding organizations' prescription drug benefit offerings. Of those that offer prescription drugs, about two in five (39%) have extended the time allowed under prior authorization periods for prescription drugs, while 31% have increased quantity limits for their workers. A smaller number have waived prior authorization requirements for prescription drugs (16%) (Table 14).

Changes Made to Prescription Drug Benefits Due to the COVID-19 Pandemic



Short-Term Disability (STD) Benefits

Organizations that offer STD benefits were asked whether they were making plan changes due to the implications of COVID-19. Relatively few respondents (8%) that have elimination/waiting periods for these plans are relaxing/removing them due to the pandemic. A similar proportion (7%) that have service periods to access benefits are reducing/eliminating them due to the pandemic (Table 15).

Employee Assistance Programs (EAPs)/ Labor Assistance Programs (LAPs)

Those respondents that offer EAPs/LAPs were asked whether they were adding services to their plans due to the implications of COVID-19. About one in six (15%) are adding services, with an additional 12% considering adding services in the future (Table 16).

IRC Section 127 Educational Assistance Benefits

The CARES Act allows organizations to offer tax-free use of IRC Section 127 educational assistance benefits (up to \$5,250) for student loan repayment assistance through the end of 2020. One in ten (10%) responding organizations (single and public employers) that offer programs under Section 127 have implemented this new provision, with an additional 13% considering this option for the future (Table 17).

Staffing Levels

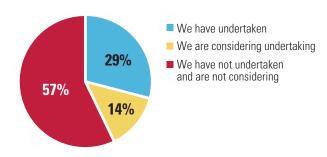
The COVID-19 pandemic has had significant ramifications on operations, forcing organizations to make drastic short- and long-term decisions regarding workplace staffing levels. More than two in five single and public employers (45%) are implementing a temporary hiring freeze, with an additional 12% considering doing so in the future. In addition, 29% are temporarily furloughing workers, with 14% considering doing so in the future. While less common, respondents are also taking other measures due to the implications of the COVID-19 pandemic, including reducing workers' hours (28%) and laying off workers/ reducing their workforce (19%) (Table 18).

In addition, those survey respondents making staff changes were asked about the status of workers' health care coverage during their change in employment status. Those workers being furloughed are most often having their coverage continued for the entire period as if the worker is actively employed, while sharing the cost as usual between worker and employer (39%). This is followed by continuing coverage for the entire period with the employer paying the full costs (23%), and continuing coverage for a limited time with standard worker-employer cost sharing (23%) (Table 19).

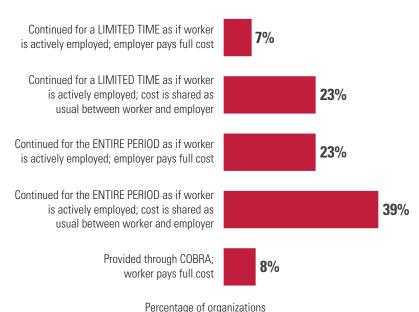
Far and away, those workers being laid off are most often provided health care coverage through COBRA, with the worker paying full cost (62%) (Table 19).

Those workers who have had their hours reduced are most often provided with employer-sponsored coverage continued for the entire period as if they were actively employed, with the cost being shared between worker and employer (70%) (Table 19).

Percentage of Organizations That Have Furloughed Workers Due to the COVID-19 Pandemic



Health Care Coverage for Furloughed Workers



i ercentage or organizations

Training and Professional Development

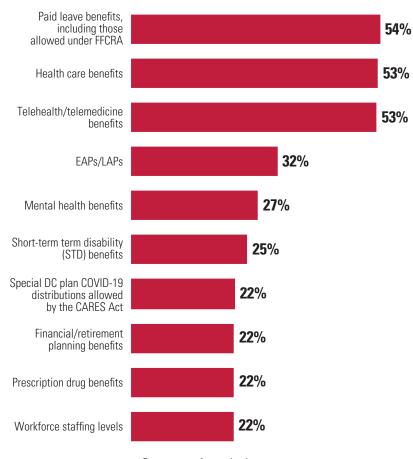
The implications of the COVID-19 pandemic have caused organizations to evaluate their training and professional development strategies. About one in four (23%) responding organizations are temporarily putting their training/professional development on hold, while 11% are decreasing their budgets (Table 20).

Moving forward, more than half (54%) of responding organizations do not plan on changing their training/professional development budgets, while 39% state that it is too early to tell (Table 21).

Benefits Office/Fund Office Question Topics

During difficult times, human resource (HR) departments and multiemployer fund offices typically see an increase in questions from workers. The survey asked which topics are the focus of these questions. The topics most commonly cited were paid leave benefits, including those allowed under the Families First Coronavirus Response Act (FFCRA) (54%); health care benefits (53%); telehealth/telemedicine benefits (53%); and EAPs/LAPs (32%). Other topics with increased question frequency include mental health benefits (27%), STD benefits (25%) and special DC plan COVID-19 distributions allowed by the CARES Act (22%) (Table 22).

Topics Participants Are Asking More Questions About



Methodology

From April 23 to April 30, 2020, the International Foundation of Employee Benefit Plans surveyed organizations in the United States to examine the implications of the COVID-19 pandemic on their employee benefit plans.

The results represent input from 793 organizations across the United States, representing corporations/ single employer plans (including nonprofits) (CP), multiemployer plans (ME) and public employer plans (PE). Those asked to participate in the survey were in the databases of the International Foundation and the International Society of Certified Employee Benefit Specialists (ISCEBS).

The survey results are designed for plan sponsors to benchmark their actions against their peers, overall and within each sector. Please keep the following in mind:

- Because of rounding, some column percentages may not total 100%. Additionally, some percentages in the text and figures in the analysis sections may vary slightly from the tables.
- This study does not represent a census of all organizations in the United States, nor is it necessarily a representative sample of such employers. The reader is cautioned that the limited sample size and nonrandomized sampling methodology may restrict the extent to which findings can be generalized.
- Unless otherwise noted, respondents were asked to specify which plan changes were made or what worker actions were taken specifically due to the implications of the COVID-19 pandemic.
- Throughout the survey, responses of "not sure" and "not applicable" were removed, which may result in the number of responses varying from question to question.

(This page intentionally left blank.)

Tables

From April 23 to April 30, 2020, the International Foundation of Employee Benefit Plans surveyed organizations in the United States to examine the implications of the COVID-19 pandemic on their employee benefit plans.

The results represent input from 793 organizations across the United States, representing corporations/ single employer plans (including nonprofits) (CP), multiemployer plans (ME) and public employer plans (PE). Those asked to participate in the survey were in the databases of the International Foundation and the International Society of Certified Employee Benefit Specialists (ISCEBS).

The survey results are designed for plan sponsors to benchmark their actions against their peers, overall and within each sector. Please keep the following in mind:

 Because of rounding, some column percentages may not total 100%. Additionally, some percentages in the text and figures in the analysis sections may vary slightly from the tables.

- This study does not represent a census of all organizations in the United States, nor is it necessarily a representative sample of such employers. The reader is cautioned that the limited sample size and nonrandomized sampling methodology may restrict the extent to which findings can be generalized.
- Unless otherwise noted, respondents were asked to specify which plan changes were made or what worker actions were taken specifically due to the implications of the COVID-19 pandemic.
- Throughout the survey, responses of "not sure" and "not applicable" were removed, which may result in the number of responses varying from question to question.

RETIREMENT PLANS

| Offer Defined Benefit (DB) Pension Plans | | | | |
|--|-------------------------|--------------------|-----------------------------|------------------------|
| | Overall N=777 | Corporate N=548 | Public Employer N=104 | Multiemployer N=125 |
| Yes | 37.5% | 20.4% | 77.9% | 78.4% |
| No | 62.5% | 79.6% | 22.1% | 21.6% |

| | | | | IADLL |
|---|---------|-------|-------|-------|
| Actions Taken With DB Pension Plans* | Overall | СР | PE | ME |
| Close plan to new participants/hires | N=186 | N=53 | N=59 | N=74 |
| We have implemented due to the pandemic | 1.1% | 1.9% | 1.7% | 0.0% |
| We are considering due to the pandemic | 2.7% | 3.8% | 1.7% | 2.7% |
| We have not implemented and are not considering | 96.2% | 94.3% | 96.6% | 97.3% |
| Discontinue offering pension benefits for some or all categories of active employees/workers | N=201 | N=61 | N=62 | N=78 |
| We have implemented due to the pandemic | 1.0% | 1.6% | 1.6% | 0.0% |
| We are considering due to the pandemic | 3.0% | 3.3% | 1.6% | 3.8% |
| We have not implemented and are not considering | 96.0% | 95.1% | 96.8% | 96.2% |
| Review actuarial assumptions/pension plan designs | N=185 | N=68 | N=48 | N=69 |
| We have implemented due to the pandemic | 6.5% | 2.9% | 0.0% | 14.5% |
| We are considering due to the pandemic | 29.2% | 29.4% | 18.8% | 36.2% |
| We have not implemented and are not considering | 64.3% | 67.6% | 81.3% | 49.3% |
| Update investment policy | N=184 | N=69 | N=45 | N=70 |
| We have implemented due to the pandemic | 7.1% | 7.2% | 4.4% | 8.6% |
| We are considering due to the pandemic | 25.5% | 20.3% | 22.2% | 32.9% |
| We have not implemented and are not considering | 67.4% | 72.5% | 73.3% | 58.6% |
| Delay required 2020 minimum contributions until January 1, 2021 as allowed by the Coronavirus Aid, Relief and Economic Security (CARES) Act** | N/A | N=74 | N/A | N/A |
| We have implemented due to the pandemic | _ | 21.6% | _ | _ |
| We are considering due to the pandemic | | 24.3% | _ | |
| We have not implemented and are not considering | _ | 54.1% | _ | _ |

^{*}Data represents organizations that offer defined benefit (DB) pension plans.

| | | | | IADLL | <u> </u> |
|--|-------------------------|--------------------|--------------------|--------------------|----------|
| Offer Defined Contribution (DC) Retirement Plans | | | | | |
| | Overall N=785 | CP N=555 | PE N=104 | ME N=126 | |
| Yes | 87.4% | 94.1% | 76.9% | 66.7% | |
| No | 12.6% | 5.9% | 23.1% | 33.3% | |

^{**}Multiemployer pension plans and government pension plans are not eligible to delay minimum contributions under the CARES Act.

| | | | | INDLL |
|--|---------|-------|-------|-------|
| CARES Act–Related Changes Made to DC Retirement Plans* | | | | |
| | Overall | СР | PE | ME |
| New special early distributions from DC accounts (up to \$100,000) without early withdrawal penalties or 20% withholding through 2020 | N=567 | N=445 | N=56 | N=66 |
| We have implemented due to the pandemic | 60.5% | 62.7% | 62.5% | 43.9% |
| We are considering due to the pandemic | 17.1% | 15.5% | 16.1% | 28.8% |
| We have not implemented and are not considering | 22.4% | 21.8% | 21.4% | 27.3% |
| Allowing workers to pay back special early distributions during the next three years | N=509 | N=403 | N=51 | N=55 |
| We have implemented due to the pandemic | 56.6% | 59.6% | 52.9% | 38.2% |
| We are considering due to the pandemic | 16.3% | 14.6% | 15.7% | 29.1% |
| We have not implemented and are not considering | 27.1% | 25.8% | 31.4% | 32.7% |
| Temporarily increased loan amounts from DC accounts up to a maximum of 100% or \$100,000 (up from the previous maximum of 50% or \$50,000) | N=520 | N=418 | N=49 | N=53 |
| We have implemented due to the pandemic | 44.6% | 47.8% | 44.9% | 18.9% |
| We are considering due to the pandemic | 15.8% | 14.6% | 16.3% | 24.5% |
| We have not implemented and are not considering | 39.6% | 37.6% | 38.8% | 56.6% |
| Extra year given to participants with outstanding DC loans that are payable in 2020 (now payable in 2021) | N=488 | N=396 | N=46 | N=46 |
| We have implemented due to the pandemic | 57.2% | 60.9% | 52.2% | 30.4% |
| We are considering due to the pandemic | 14.3% | 13.6% | 10.9% | 23.9% |
| We have not implemented and are not considering | 28.5% | 25.5% | 37.0% | 45.7% |
| | | | | |

^{*}Data represents respondents from corporate and public employer sectors as well as multiemployer plans that offer DC retirement plans.

| | | | | 1718220 |
|---|-------------------------|--------------------|-------------------|-------------------|
| Presence of Changes in DC Contribution/Deferral Levels* | | | | |
| | Overall N=559 | CP N=443 | PE N=60 | ME N=56 |
| A greater share of participants are making changes to their contribution levels | 12.7% | 14.2% | 5.0% | 8.9% |
| About the same number of participants are making changes to their contribution levels | 36.5% | 38.8% | 33.3% | 21.4% |
| A smaller share of participants are making changes to their contribution levels | 7.2% | 6.5% | 10.0% | 8.9% |
| Too early to tell | 43.6% | 40.4% | 51.7% | 60.7% |

^{*}Data represents respondents from corporate and public employer sectors as well as multiemployer plans that offer DC retirement plans.

| L | A | ВІ | LE | 6 |
|---|---|----|----|---|
| | | | | |

| Specific Changes in DC Contribution/Deferral Levels* | • | | | |
|--|------------------------|-------------------|-------------------------------|-------------------------------|
| | Overall N=71 | CP N=63 | PE N=3 [†] | ME N=5 [†] |
| Increasing contribution/deferral levels | 19.7% | 19.0% | 33.3% | 20.0% |
| Decreasing contribution/deferral levels | 85.9% | 90.5% | 100.0% | 20.0% |
| Canceling/stopping contribution/deferral levels | 53.5% | 57.1% | 33.3% | 20.0% |
| None of the above | 4.2% | 1.6% | 0.0% | 40.0% |
| Other | 2.8% | 1.6% | 0.0% | 20.0% |

Respondents could select all that apply.

TABLE 7 **Change in Percentage of Participants Taking DC Plan Hardship Withdrawals Overall** CP PΕ ME N=596 N=449 N=67 N=80 Organizations that allow DC plan hardship withdrawals 91.1% 93.8% 88.1% 78.8% Change in percentage of participants taking hardship withdrawals N=543 N=421 N=59 N=63 Decreased (Fewer hardship withdrawals) 1.1% 1.0% 0.0% 3.2% 42.2% 46.8% 39.0% No change (The same number of hardship withdrawals) 14.3% 16.8% 15.0% 10.2% 34.9% Increased (More hardship withdrawals) Too early to tell 40.0% 37.3% 50.8% 47.6%

^{*}Of organizations reporting a greater share of participants making changes to contribution/deferral levels.

[†]Due to the small number of respondents, please use caution when generalizing findings to a particular population.

| Change in Percentage of Participants Taking Out DC Plan Loans | | | | |
|--|------------------|--------------------|-------------------|-------------------|
| | Overall N=589 | CP N=444 | PE N=67 | ME N=78 |
| Organizations that allow DC plan loans | 84.4% | 91.9% | 73.1% | 51.3% |
| Change in percentage of participants taking out DC plan loans | N=497 | N=408 | N=49 | N=40 |
| Decreased (Fewer participants taking out loans) | 1.2% | 1.2% | 2.0% | 0.0% |
| No change (The same number of participants taking out loans) | 41.9% | 43.6% | 40.8% | 25.0% |
| Increased (More participants taking out loans) | 11.3% | 11.8% | 6.1% | 12.5% |
| Too early to tell | 45.7% | 43.4% | 51.0% | 62.5% |

| | | | | TABLE 9 |
|--|-------------------------|--------------------|-------------------|-------------------|
| Changes in Employer/Plan Sponsor DC Matching Contributions | | | | |
| • | Overall N=649 | CP N=497 | PE N=71 | ME N=81 |
| Organizations that provide employer/plan sponsor DC matching contributions | 80.7% | 92.0% | 52.1% | 37.0% |
| | N=524 | N=457 | N=37 | N=30 |
| Increased the amount of employer/plan sponsor matching contributions | 0.6% | 0.4% | 0.0% | 3.3% |
| Maintained employer/plan sponsor matching contributions | 61.5% | 62.4% | 56.8% | 53.3% |
| Reduced employer/plan sponsor matching contributions | 1.3% | 1.5% | 0.0% | 0.0% |
| Suspended/eliminated employer/plan sponsor matching contributions | 7.1% | 8.1% | 0.0% | 0.0% |
| No changes yet, but considering | 18.5% | 18.2% | 18.9% | 23.3% |
| Too early to tell | 11.1% | 9.4% | 24.3% | 20.0% |

HEALTH CARE BENEFITS

Data in this section represents organizations that provide health care benefits to plan participants.

| | | | | TABLE 10 |
|----------------------------|---------|-------|-------|----------|
| Offer Health Care Benefits | | | | |
| | Overall | CP | PE | ME |
| | N=793 | N=556 | N=106 | N=131 |
| Yes | 95.8% | 97.1% | 92.5% | 93.1% |
| No | 4.2% | 2.9% | 7.5% | 6.9% |

| | | | | IADLL |
|---|---------|-------|-------|-------|
| Changes Made to Health Care Benefits | Overall | СР | PE | ME |
| Add telehealth/telemedicine services (for physical health services) | N=739 | N=532 | N=92 | N=115 |
| We already had this in place | 83.1% | 88.0% | 83.7% | 60.0% |
| We have implemented due to the pandemic | 12.9% | 8.5% | 15.2% | 31.3% |
| We are considering due to the pandemic | 1.9% | 1.5% | 0.0% | 5.2% |
| We have not implemented and are not considering | 2.2% | 2.1% | 1.1% | 3.5% |
| Reduce/eliminate cost sharing for telehealth/ telemedicine services (for physical health services) | N=675 | N=488 | N=84 | N=103 |
| We already had this in place | 23.0% | 22.7% | 17.9% | 28.2% |
| We have implemented due to the pandemic | 48.6% | 49.4% | 53.6% | 40.8% |
| We are considering due to the pandemic | 4.4% | 4.3% | 2.4% | 6.8% |
| We have not implemented and are not considering | 24.0% | 23.6% | 26.2% | 24.3% |
| Add coverage for nurse advice lines | N=634 | N=461 | N=78 | N=95 |
| We already had this in place | 70.5% | 75.1% | 76.9% | 43.2% |
| We have implemented due to the pandemic | 3.9% | 3.3% | 5.1% | 6.3% |
| We are considering due to the pandemic | 3.0% | 2.0% | 2.6% | 8.4% |
| We have not implemented and are not considering | 22.6% | 19.7% | 15.4% | 42.1% |
| Reduce/eliminate cost sharing for nurse advice lines | N=512 | N=370 | N=66 | N=76 |
| We already had this in place | 50.8% | 54.1% | 48.5% | 36.8% |
| We have implemented due to the pandemic | 11.1% | 11.4% | 12.1% | 9.2% |
| We are considering due to the pandemic | 5.3% | 4.3% | 6.1% | 9.2% |
| We have not implemented and are not considering | 32.8% | 30.3% | 33.3% | 44.7% |
| Reduce/eliminate experimental medical procedure exclusions | N=493 | N=354 | N=52 | N=87 |
| We already had this in place | 6.1% | 6.5% | 3.8% | 5.7% |
| We have implemented due to the pandemic | 3.2% | 2.8% | 5.8% | 3.4% |
| We are considering due to the pandemic | 6.5% | 5.9% | 1.9% | 11.5% |
| We have not implemented and are not considering | 84.2% | 84.7% | 88.5% | 79.3% |

| Changes Made to Mental/Behavioral Health Benefits | Overall | СР | PE | ME |
|--|---------|-------|-------|-------|
| Relax/eliminate eligibility requirements for mental health benefits | N=582 | N=411 | N=74 | N=97 |
| We already had this in place | 38.3% | 40.9% | 35.1% | 29.9% |
| We have implemented due to the pandemic | 7.0% | 6.3% | 12.2% | 6.2% |
| We are considering due to the pandemic | 6.2% | 6.8% | 4.1% | 5.2% |
| We have not implemented and are not considering | 48.5% | 46.0% | 48.6% | 58.8% |
| Reduce/eliminate cost sharing for mental health benefits | N=588 | N=419 | N=76 | N=93 |
| We already had this in place | 15.3% | 15.5% | 14.5% | 15.1% |
| We have implemented due to the pandemic | 10.2% | 9.1% | 14.5% | 11.8% |
| We are considering due to the pandemic | 8.5% | 8.8% | 6.6% | 8.6% |
| We have not implemented and are not considering | 66.0% | 66.6% | 64.5% | 64.5% |
| Add telepsychiatry (access to mental health services via telephone or virtual meeting) | N=588 | N=419 | N=78 | N=91 |
| We already had this in place | 42.9% | 46.8% | 37.2% | 29.7% |
| We have implemented due to the pandemic | 15.3% | 11.9% | 26.9% | 20.9% |
| We are considering due to the pandemic | 11.1% | 11.7% | 6.4% | 12.1% |
| We have not implemented and are not considering | 30.8% | 29.6% | 29.5% | 37.4% |

| Organizations Adding Services/Components to Existing Mental Health Benefits | | | | |
|---|-------------------------|--------------------|-------------------|--------------------|
| | Overall N=684 | CP N=491 | PE N=84 | ME N=109 |
| Yes | 17.0% | 14.7% | 22.6% | 22.9% |
| No, but considering | 21.1% | 21.6% | 15.5% | 22.9% |
| We have not added and are not considering | 62.0% | 63.7% | 61.9% | 54.1% |

| | | | | IADLL |
|---|---------|-------|-------|-------|
| Changes Made to Prescription Drug Benefits | Overall | СР | PE | ME |
| Mandate use of mail-order programs for maintenance drugs | N=665 | N=486 | N=76 | N=103 |
| We already had this in place | 29.6% | 28.4% | 27.6% | 36.9% |
| We have implemented due to the pandemic | 0.9% | 0.8% | 1.3% | 1.0% |
| We are considering due to the pandemic | 3.3% | 3.7% | 1.3% | 2.9% |
| We have not implemented and are not considering | 66.2% | 67.1% | 69.7% | 59.2% |
| Extend time allowed under prior authorization periods for prescription drugs | N=580 | N=417 | N=69 | N=94 |
| We already had this in place | 5.7% | 6.0% | 2.9% | 6.4% |
| We have implemented due to the pandemic | 39.0% | 35.3% | 50.7% | 46.8% |
| We are considering due to the pandemic | 6.9% | 8.4% | 1.4% | 4.3% |
| We have not implemented and are not considering | 48.4% | 50.4% | 44.9% | 42.6% |
| Waive prior authorization requirement for prescription drugs | N=575 | N=412 | N=70 | N=93 |
| We already had this in place | 3.7% | 3.6% | 1.4% | 5.4% |
| We have implemented due to the pandemic | 15.8% | 12.9% | 25.7% | 21.5% |
| We are considering due to the pandemic | 7.7% | 9.0% | 2.9% | 5.4% |
| We have not implemented and are not considering | 72.9% | 74.5% | 70.0% | 67.7% |
| Increase quantity limits for prescription drugs (e.g., 90-day supply instead of 30-day supply) | N=599 | N=431 | N=73 | N=95 |
| We already had this in place | 7.3% | 7.2% | 5.5% | 9.5% |
| We have implemented due to the pandemic | 30.6% | 29.2% | 38.4% | 30.5% |
| We are considering due to the pandemic | 9.2% | 8.8% | 4.1% | 14.7% |
| We have not implemented and are not considering | 52.9% | 54.8% | 52.1% | 45.3% |

OTHER BENEFITS

TABLE 15 **Changes Made to Short-Term Disability (STD) Benefits** Overall CP PE ME N=793 N=556 N=106 N=131 Organizations that offer STD benefits 78.2% 54.7% 64.9% 85.8% Changes to STD service period N=565 N=438 N=49 N=78 Organizations with service period 85.1% 84.7% 81.6% 89.7% Reduce/eliminate service period to access STD benefits* N=481 N=371 N=40 N=70 6.9% 6.7% 2.5% 10.0% We have implemented 6.9% We are considering 6.2% 5.0% 11.4% We have not implemented and are not considering 86.3% 87.1% 92.5% 78.6% Changes to STD elimination/waiting period N=561 N=437 N=48 N=76 Organizations with elimination/waiting period 93.2% 93.1% 91.7% 94.7% Relax/remove elimination/waiting period for \STD benefits** N=523 N=407 N=44 N=72 We have implemented 7.6% 8.4% 0.0% 8.3% 5.9% 4.5% We are considering 5.7% 8.3% We have not implemented 86.4% 86.0% 95.5% 83.3%

TABLE 16 **Changes Made to Employee Assistance Program (EAP)/ Labor Assistance Program (LAP) Services** PE Overall 0 CP ME N=793 N=556 N=106 N=131 Organizations that provide EAP/LAP services 75.8% 82.9% 80.2% 42.0% Changes to EAP/LAP services* N=553 N=432 N=74 N=47 Yes, we have added services 15.4% 13.9% 24.3% 14.9% No, but we are considering adding services 11.8% 13.2% 8.1% 4.3% No, and we are not considering 72.9% 72.9% 67.6% 80.9%

^{*}Data represents respondents who are familiar with their organization's STD service period.

^{**}Data represents respondents who are familiar with their organization's STD elimination/waiting period.

^{*}Data represents respondents who are familiar with their organizaton's EAP/LAP.

| CARES Act*–Related Changes Made to IRC Section 127 Educational Benefits | | | | |
|--|---------|-------|-------|-----|
| | Overall | CP | PE | ME |
| | N=793 | N=556 | N=106 | N/A |
| Percentage of organizations that offer an educational assistance program under IRC Section 127 | 24.8% | 30.9% | 23.6% | _ |
| Organizations making CARES Act-related changes | N=151 | N=135 | N=16 | N/A |
| We have implemented this new provision | 9.9% | 11.1% | 0.0% | _ |
| We are considering implementing this new provision | 12.6% | 12.6% | 12.5% | _ |
| We have not implemented and are not considering | 77.5% | 76.3% | 87.5% | _ |

^{*}The CARES Act allows organizations to offer tax-free use of IRC Section 127 educational assistance benefits (up to \$5,250) for student loan repayment assistance as well as tuition and textbook reimbursement through December 31, 2020. This question only applies to corporate and public employer organizations that offer an educational assistance plan under IRC Section 127.

STAFFING AND PROFESSIONAL DEVELOPMENT

| | | | | IABLE I |
|--|---------|-------|-------|---------|
| Changes Made to Staffing Levels* | Overall | СР | PE | ME |
| Temporarily furlough workers | N=581 | N=491 | N=90 | N/A |
| We have undertaken due to the pandemic | 29.1% | 30.5% | 21.1% | _ |
| We are considering undertaking due to the pandemic | 13.8% | 13.0% | 17.8% | _ |
| We have not undertaken and are not considering | 57.1% | 56.4% | 61.1% | _ |
| Lay off workers/reduce workforce | N=573 | N=484 | N=89 | N/A |
| We have undertaken due to the pandemic | 19.2% | 20.9% | 10.1% | _ |
| We are considering undertaking due to the pandemic | 18.7% | 18.2% | 21.3% | _ |
| We have not undertaken and are not considering | 62.1% | 61.0% | 68.5% | _ |
| Reduce workers' hours | N=579 | N=492 | N=87 | N/A |
| We have undertaken due to the pandemic | 27.5% | 28.5% | 21.8% | _ |
| We are considering undertaking due to the pandemic | 14.9% | 14.2% | 18.4% | _ |
| We have not undertaken and are not considering | 57.7% | 57.3% | 59.8% | _ |
| Increase hiring/workforce | N=556 | N=469 | N=87 | N/A |
| We have undertaken due to the pandemic | 7.6% | 8.3% | 3.4% | _ |
| We are considering undertaking due to the pandemic | 4.0% | 3.6% | 5.7% | _ |
| We have not undertaken and are not considering | 88.5% | 88.1% | 90.8% | _ |
| Implement temporary hiring freeze | N=577 | N=487 | N=90 | N/A |
| We have undertaken due to the pandemic | 44.9% | 44.1% | 48.9% | _ |
| We are considering undertaking due to the pandemic | 11.6% | 11.1% | 14.4% | _ |
| We have not undertaken and are not considering | 43.5% | 44.8% | 36.7% | |
| | | | | |

^{*}Data represents respondents from corporate and public employer sectors only.

| | | | | TABLE IS |
|--|---------|-------|------------------|----------|
| Health Care Coverage for Furloughed, Laid-Off and Reduced-Hour Workers* | Overall | СР | PE | ME |
| Furloughed workers | N=160 | N=145 | N=15 | N/A |
| Provided through COBRA; worker pays full cost | 8.1% | 6.9% | 20.0% | _ |
| Continued for the ENTIRE PERIOD as if worker is actively employed; cost is shared as usual between worker and employer | 38.8% | 37.9% | 46.7% | _ |
| Continued for the ENTIRE PERIOD as if worker is actively employed; employer pays full cost | 23.1% | 23.4% | 20.0% | _ |
| Continued for a LIMITED TIME as if worker is actively employed; cost is shared as usual between worker and employer | 23.1% | 24.8% | 6.7% | _ |
| Continued for a LIMITED TIME as if worker is actively employed; employer pays full cost | 6.9% | 6.9% | 6.7% | _ |
| Laid-off workers | N=102 | N=97 | N=5 [†] | N/A |
| Provided through COBRA; worker pays full cost | 61.8% | 60.8% | 80.0% | _ |
| Continued for the ENTIRE PERIOD as if worker is actively employed; cost is shared as usual between worker and employer | 10.8% | 11.3% | 0.0% | _ |
| Continued for the ENTIRE PERIOD as if worker is actively employed; employer pays full cost | 6.9% | 7.2% | 0.0% | _ |
| Continued for a LIMITED TIME as if worker is actively employed; cost is shared as usual between worker and employer | 14.7% | 14.4% | 20.0% | _ |
| Continued for a LIMITED TIME as if worker is actively employed; employer pays full cost | 5.9% | 6.2% | 0.0% | _ |
| Workers with reduced hours | N=145 | N=130 | N=15 | N/A |
| Provided through COBRA; worker pays full cost | 6.2% | 6.9% | 0.0% | _ |
| Continued for the ENTIRE PERIOD as if worker is actively employed; cost is shared as usual between worker and employer | 69.7% | 68.5% | 80.0% | _ |
| Continued for the ENTIRE PERIOD as if worker is actively employed; employer pays full cost | 9.0% | 9.2% | 6.7% | _ |
| Continued for a LIMITED TIME as if worker is actively employed; cost is shared as usual between worker and employer | 11.0% | 10.8% | 13.3% | _ |
| Continued for a LIMITED TIME as if worker is actively employed; employer pays full cost | 4.1% | 4.6% | 0.0% | _ |
| | | | | |

^{*}Data represents respondents from corporate and public employer sectors only.

 $[\]label{thm:policy} \textbf{1Due to the small number of respondents, please use caution when generalizing findings to a particular population.}$

| Changes Made to Training/ Professional Development Budgets | | | | |
|--|-------------------------|--------------------|-------------------|--------------------|
| | Overall N=702 | CP N=494 | PE N=91 | ME N=117 |
| Increased | 3.3% | 3.8% | 1.1% | 2.6% |
| Remained the same | 63.4% | 59.7% | 61.5% | 80.3% |
| Decreased | 10.5% | 10.7% | 14.3% | 6.8% |
| Been temporarily put on hold | 22.8% | 25.7% | 23.1% | 10.3% |

| | | | | TABLE 21 |
|---|---------|-------|-------------|-------------|
| Future Changes to Training/ Professional Development Budgets* | Overell | CD. | DE | NAF |
| | Overall | CP | PE N. F2 | ME N. 07 |
| | N=408 | N=269 | N=52 | N=87 |
| Considering increasing budget | 2.0% | 2.2% | 1.9% | 1.1% |
| Considering decreasing budget | 4.7% | 5.9% | 1.9% | 2.3% |
| We do not plan to change the budget | 54.2% | 53.9% | 51.9% | 56.3% |

39.2%

37.9%

44.2%

40.2%

Too early to tell

^{*}Of organizations whose training budgets have remained the same.

PARTICIPANT QUESTIONS

TABLE 22 **Topics Participants Are Asking More Questions About*** CP PΕ ME **Overall** N=88 N=698 N=504 N=106 Paid leave benefits, including those allowed under the Families First Coronavirus Response Act (FFCRA) 53.7% 53.4% 70.5% 41.5% Health care benefits 53.3% 52.6% 48.9% 60.4% Telehealth/telemedicine benefits 53.0% 54.4% 51.1% 48.1% EAPs/LAPs 31.5% 32.9% 37.5% 19.8% Mental health benefits 27.4% 28.0% 26.1% 25.5% STD benefits 25.1% 26.4% 15.9% 26.4% Special DC plan COVID-19 distributions allowed by CARES Act 22.3% 21.6% 21.6% 26.4% Financial/retirement planning benefits 22.2% 23.4% 19.3% 18.9% Prescription drug benefits 22.2% 19.6% 17.0% 38.7% 22.1% 24.8% 18.2% Workforce staffing levels 12.3% 16.8% 18.1% 19.3% 8.5% Wellness programs DC plan hardship withdrawals 16.6% 16.5% 6.8% 25.5% DC plan loans 16.3% 17.1% 9.1% 18.9% Early retirement options 11.9% 7.3% 19.3% 27.4% Nurse advice lines 8.0% 9.1% 4.5% 5.7% DC plan contributions 7.3% 8.7% 3.4% 3.8% 6.4% Training/professional development 6.9% 9.1% 1.9% 11.6% 13.1% 6.8% 8.5% None of the above

RESPONDENT DEMOGRAPHICS

| | TABLE 23 |
|---|----------|
| Organization Sector | |
| | N=793 |
| Corporation/single employer (including professional services firms and nonprofits) | 70.1% |
| Public employer/governmental entity (municipality, county, state, federal government, college/university) | 13.4% |
| Multiemployer benefit fund (e.g., Taft-Hartley trust fund) | 16.5% |

^{*}Respondents could select all that apply.

| | | | | TABLE |
|--|---------|-------|-------|-------|
| Organizational Characteristics | Overall | СР | PE | ME |
| Number of active participants/employees | N=750 | N=532 | N=96 | N=122 |
| 50 or fewer | 12.0% | 15.4% | 5.2% | 2.5% |
| 51-99 | 4.1% | 4.9% | 3.1% | 1.6% |
| 100-999 | 33.7% | 35.3% | 33.3% | 27.0% |
| 1,000-4,999 | 28.3% | 24.8% | 33.3% | 39.3% |
| 5,000-9,999 | 8.4% | 7.5% | 10.4% | 10.7% |
| 10,000 or more | 13.5% | 12.0% | 14.6% | 18.9% |
| Primary industry | N=655 | N=533 | | N=122 |
| Accommodation/food service | 2.9% | 2.6% | | 4.1% |
| Banking and finance | 4.6% | 5.6% | | 0.0% |
| Construction/mining/oil and gas | 12.8% | 4.1% | | 50.8% |
| Education/nonprofit | 9.0% | 10.7% | | 1.6% |
| Entertainment and recreation | 1.7% | 0.8% | | 5.7% |
| Health care | 9.6% | 10.5% | | 5.7% |
| High technology | 4.7% | 5.8% | | 0.0% |
| Insurance | 15.0% | 17.8% | | 2.5% |
| Manufacturing | 13.7% | 15.0% | | 8.2% |
| Professional service firm | 14.7% | 17.3% | | 3.3% |
| Retail/wholesale trade | 3.8% | 3.8% | | 4.1% |
| Service | 2.3% | 2.1% | | 3.3% |
| Telecommunications and communications | 1.1% | 1.3% | | 0.0% |
| Transportation/utilities and energy | 4.1% | 2.6% | | 10.7% |
| Primary jurisdiction | | | N=96 | |
| Municipality (city, village, township, etc.) | | | 32.3% | |
| County/district | | | 25.0% | |
| State | | | 12.5% | |
| Federal | | | 2.1% | |
| Educational institution | | | 20.8% | |
| Special district | | | 5.2% | |
| Other | | | 2.1% | |
| | | | | |

(continued on next page)

| Organizational Characteristics (continued from previous page) | | | | |
|---|---------|-------|-------|-------|
| | Overall | СР | PE | ME |
| Location of organization's headquarters | N=751 | N=533 | N=96 | N=122 |
| Midwest | 30.4% | 30.6% | 25.0% | 33.6% |
| Northeast | 23.7% | 24.2% | 15.6% | 27.9% |
| South | 23.2% | 25.7% | 27.1% | 9.0% |
| West | 21.2% | 17.4% | 31.3% | 29.5% |
| Other | 1.6% | 2.1% | 1.0% | 0.0% |

| | | | TABLE 25 |
|---|-------|-------|----------|
| Respondent Roles | СР | PE | ME |
| Public employers | | N=96 | |
| Administrative/support staff | | 14.6% | |
| Trustee—appointed | | 6.3% | |
| Trustee—elected | | 6.3% | |
| Benefits professional | | 45.8% | |
| Human resource professional | | 27.1% | |
| Corporate/single employers | N=533 | | |
| Benefits professional | 64.2% | | |
| Compensation professional | 1.9% | | |
| Human resources professional | 24.8% | | |
| Insurance representative | 2.3% | | |
| Other | 6.9% | | |
| Multiemployer benefit funds, e.g., Taft-Hartley trust funds | | | N=122 |
| Actuary or actuarial services staff | | | 0.8% |
| Administrator or administrative staff (including benefits/compensation/human resources staff) | | | 51.6% |
| Labor trustee | | | 32.8% |
| Lawyer or legal services staff | | | 3.3% |
| Management trustee | | | 11.5% |

(This page intentionally left blank.)

