Baltimore Chapter ISCEBS CEBS Soc. C. I. E. T. D. I. I. E. T.

Sponsored by the Baltimore Chapter of the International Society of Certified Employee Benefit Specialists (ISCEBS), a non-profit organization that serves as an educational resource for certified employee benefit specialists and others in the employee benefits community.

An Update on the Opioid Epidemic -Challenges and Solutions

Qualifies for two (2) CEBS CPE Credits

The United States consumes more than 80% of the world's supply of opiates, which now contribute to the deaths of more people than auto accidents. The opiate epidemic, as well as other substance use disorders and mental illness impact nearly 25% of the U.S. population, and presents a challenges to individuals, families, schools, communities, and employers. This discussion will explore the prevalence of mental health and substance abuse concerns, the connection between physical and mental health, and challenges related to finding quality addiction treatment. This discussion will include challenges to employer groups, and discussion of current practices and learnings.

DATE: Friday, February 16, 2018

TIME: 8:30 – Registration & Refreshments

8:50-10:30 am - Program (100 minutes)

LOCATION: PSA

The Susquehanna Room, 5th Floor 11311 McCormick Road Hunt Valley, MD 21031

COST: \$35 – Baltimore Chapter Members

 $\$45-Non\text{-}Members \\ \$45-Walk\text{-}Ins$

REGISTRATION: Please <u>click here</u> to register and pay via

PayPal. (Instructions for mailing a check are

included on the registration page.)

RSVP: By Monday, February 12, 2017

QUESTIONS: Carole Maggio, (410) 254-9595

cmaggio@dsibenefitfund.org

Register Now



SPEAKER:



Jason Youngblood, LPC, CPT Director, Behavioral Strategy

Jason Youngblood is the Director of Behavioral Strategy and Clinical Account Lead for Behavioral Health, for Cigna Healthcare. He is responsible for promoting the overall health and well-being of Cigna customers, by leveraging insights, analytics, and Cigna's comprehensive behavioral programs and services, to drive engagement and the reduction of total medical costs. He is a Licensed Professional Counselor, in the state of Maryland, as well as a Personal Trainer, and focuses on the link between mind and body, and the impact to overall wellness. He has been with Cigna for 15 years. He has held positions in Behavioral Health Utilization and Case Management, including Case Manager, Lead Clinician and Clinical Team Leader. Prior to joining Cigna, he provided clinical services in a variety of settings, including inpatient and outpatient behavioral treatment modalities. He has a clinical sub-specialty in addictions treatment, including providing psychotherapy services to individuals and families with both mental health and substance use concerns. In addition, he holds a Producer's License in Life and Health Insurance, in the state of Maryland, and is a provider of Producer continuing education. He obtained a Bachelor of Science degree in Biology and Psychology from Juniata College, and a Master of Arts Degree in Psychology, from Towson University. Jason credits running as a core component of his ability successfully manage work, home, and parenting responsibilities, to the

best of his abilities.