



Dr. Mike Mousseau

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As the mental health programs and business development manager at GreenShield Health, Dr. Mike works closely with clients to ensure the design, implementation and continual innovation of their integrated health program is working to improve employee well-being and drive organizational performance. With a Ph.D. degree in behavioural neuroscience, six years in benefits consulting and a certification in executive coaching, he brings a unique set of skills and knowledge that help create solutions to support the overall well-being of employee populations. Dr. Mike is a published author who focused his doctoral research on the central nervous system's response to pain, opioids and mental health conditions, providing him deep insights into behavioral change and health improvement. His passion is to bring psychological safety and mental health in organizations to life and help employees thrive in all aspects of their lives. By leveraging his extensive background in research and consulting, he is passionate about driving science-based thought leadership and advocacy for mental health.