



**Zack Papalia, Ph.D., M.P.H.**

**Senior Population Health Consultant  
Brown & Brown  
Port Matilda, Pennsylvania**

Dr. Papalia is a senior population health consultant at Brown & Brown, combining an academic research background with over twelve years of experience in population health consulting. With a focus on musculoskeletal and cardiometabolic well-being, he specializes in the application of clinical research within population health programming, particularly as it relates to risk assessment, program development and strategy evaluation. On the Brown & Brown population health team, Zack leads the musculoskeletal health committee and is a contributor to the cancer care and advocacy and navigation committees. Zack's background in kinesiology, education, public health, health promotion and data analytics guides his current work around optimizing employee well-being programming and developing clinical strategies to ensure broad access to high-quality care. As a consultant, he has worked with groups from the middle market up to large, international organizations. Zack completed his B.S. degree in kinesiology with high honors from Pennsylvania State University and his M.P.H. degree from the University of Pittsburgh Department of Health Policy and Management. He earned his Ph.D. degree from Pennsylvania State University with a research focus on optimizing employee well-being and population health programming. Prior to consulting, Zack was a faculty member at Penn State University in the department of kinesiology, where he remains engaged as a lecturer.