



**Ryan Picarella**

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Ryan Picarella has worked with communities and organizations around the world to ignite social movements while improving the lives of all people. Widely known for his thought leadership, Ryan has worked with Fortune 500 companies, been a keynote speaker at global conferences and currently serves as executive director of the Wellness Alliance, an affiliate of the International Foundation of Employee Benefit Plans, overseeing all wellness-related education and events, the Annual Wellness Summit and the Art & Science of Health Promotion Conference. He is also a senior fellow with WE in the Nation, focusing on well-being and equity around the world, and he is the founder of Conscious Disruption, a firm dedicated to personal and organizational transformation. Ryan has a master of science degree in industrial and organizational psychology from the University of Tennessee at Chattanooga and a bachelor of science degree in psychology from Northern Arizona University.