



## **Karen Tyrell, CPCPA, CDCP**

**CEO, Dementia Consultant and Educator  
Personalized Dementia Solutions  
Coquitlam, British Columbia**

Karen Tyrell, a Canadian dementia consultant and educator, brings a wealth of experience and a deep passion for supporting older adults affected by dementia and their families in all stages of dementia. She continues to advocate for those who have reduced ability to speak out. Previously, Karen served as the executive director of an Alzheimer Society Chapter in Ontario, where she was at the forefront of providing essential dementia support and education to her community. She also has over 20 years of experience working in long-term care. Her book, *Cracking the Dementia Code: Creative Solutions to Cope with Changed Behaviours*, reflects her enduring commitment to finding innovative, nondrug approaches to understanding and addressing the behaviour changes in those living with symptoms of dementia. Some achievements in Karen's career include: publishing of a therapeutic colouring and activity book tailored to older adults impacted by dementia; co-creating the Dementia Caregiver Solutions app, available on the App Store, offering valuable resources to caregivers; serving as consultant on the design team for the groundbreaking Canadian Dementia Village in Langley, British Columbia; and pioneering the creation of the first Canadian online self-paced dementia certification program, known as The CDCP™ Dementia Designation Program. The dementia designation program is aimed at frontline care workers and professionals, furthering the cause of providing excellence in person-centred dementia care.